

August 2016

Hip Talk Newsletter

PLEASE NOMINATE US TODAY!



NOMINATIONS RUN FROM AUGUST 4-14
HELP MAKE US A 2016 READERS' CHOICE NOMINEE!

Go to **durhamregion.com**.
Click on the Readers' Choice button
on the top right and cast your nominations.

THANK YOU FOR YOUR SUPPORT!

5-week classes for only \$65



New 5-week classes starting August 15th at 1250 St. Martins Drive, Unit 100 location.
Cost: 5 classes for \$65. Go to www.zahras.ca to sign up.

Monday, August 18 at 7pm - Beginners 1 - Learn various bellydance movements while learning to dance to a complete song.

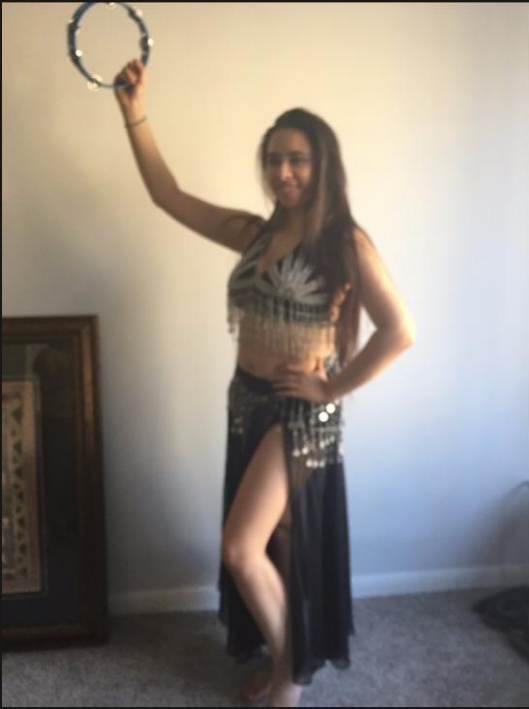
Tuesday, August 16 at 7pm - Hawaiian and Belly dance - Learn both styles of dance in this easy to learn class.

Tuesday, August 16 at 8pm - Tabla - Learn to shake those hips!!!

Wednesday, August 17 at 7pm - East Meets West - This class integrates Hip Hop with Belly dance. Learn to dance to an entire choreographed routine by the end. This class is easy to follow, easy to retain and fun with a low impact workout that improves flexibility and coordination.

Wednesday, August 17 at 8pm - Bellydance and Bollywood Music - This class incorporates belly dancing with Modern Indian dance. Great for Moms and Children too! This class is easy to follow, energetic, and fun with a low impact workout that improves agility and coordination.

Thursday, /August 18 at 8pm - Zills - Learn the basics of zills and learn to perform with them.



My student Reema, who participated in the Miss Phillipines Canada 2016 contest. Watch for her on facebook.



Zahra and Erica wow it up for some seniors.



Tyra has a blast at a wedding at the Deer Creek Golf Course.



Zahra's Birthday Parties

Surprised that no one showed up for another "pin the tail on the donkey" or "musical chairs" birthday party? Well if your child is giving you hints that they're bored of the same old party ideas, then we've got something just for you. Children will dress up in colourful and beautiful magical outfits and learn dance moves- Genie style! Choose from Belly Dance, Bollywood, Hawaiian Dance or Hip Hop! We provide the invitations, venue, fantasy and fun!

Let Zahra's School of Middle Eastern Dance captivate your guests by providing the best in professional dance instruction to make your birthday extra, extra special!



